

SOME AFG ACRONYMS AND TERMS

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| 3 Legacies | <p>Al-Anon has three sets of guiding principles that are referred to as our Three Legacies. These Legacies were adapted from Alcoholics Anonymous. The Legacies include:</p> <p>Recovery through the Twelve Steps, which encourage individual members to carry the Al-Anon message to others.</p> <p>Unity through the Twelve Traditions, which protect the Al-Anon groups from influences that might distract or disrupt them from their common purpose.</p> <p>Service through the Twelve Concepts of Service, which provide a guide for Al-Anon service.</p> <p>In addition, the General Warranties of Al-Anon provide guidelines for the proceedings of the World Service Conference.</p> |
| AA | <p><u>A</u>lcoholics <u>A</u>nonymous.</p> <p>A separate entity, AFG cooperates with AA but is not affiliated with any outside entities.</p> |
| AFG | <p><u>A</u>l-Anon <u>F</u>amily <u>G</u>roups is the official name for what is often referred to as Al-Anon/Alateen.</p> |
| AIS | <p><u>A</u>l-Anon <u>I</u>nformation <u>S</u>ervice.</p> |
| Alateen | <p>The part of AFG that serves younger members, typically aged 12 to 20.</p> |
| AMIAS | <p>An <u>A</u>l-Anon <u>M</u>ember <u>I</u>nvolved in <u>A</u>lateen <u>S</u>ervice is an adult AFG member who has gone through the safety certification process in order to work with alateens.</p> |
| Area | <p>Areas are comprised of groups and districts in a geographical area. In our case, “the Area” is Area 3, the Northern California World Service Area (NCWSA).</p> |
| Assembly | <p>The area assembly is a business meeting where participating members share experiences and ideas, and group representatives vote on behalf of their members. Currently our Area has a one-day Assembly in the spring and a three-day Assembly in the fall.</p> |
| CAL | <p><u>W</u>orld <u>S</u>ervice <u>C</u>onference-<u>A</u>pproved <u>L</u>iterature.</p> |
| Delegate | <p>The trusted servant voted by the GRs at Assembly to represent our Area at the World Service Conference.</p> |
| District | <p>Districts are formed by and made up of Al-Anon/Alateen groups located within a geographical boundary. District 5 is composed of all registered groups in Sonoma and Napa counties. “The District” refers either to the geographical district, or to the body of trusted servants who attend the District’s monthly business meeting.</p> |
| DR / ADR | <p><u>D</u>istrict <u>R</u>epresentative / <u>A</u>lternate <u>D</u>istrict <u>R</u>epresentative.</p> <p>The DR represents our District at Area-level meetings and chairs the District meeting.</p> |
| Dual Member | <p>Al-Anon or Alateen member who is also a member of AA. Also known as a “double winner.”</p> <p>See the Al-Anon Alateen Service Manual for service-related policies.</p> |

AFG ACRONYMS AND TERMS, CONTINUED

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| GR | Group <u>R</u> epresentative. GRs represent their groups at District and Assembly. |
| KBDM | <u>K</u> nowledge- <u>B</u> ased <u>D</u> ecision <u>M</u> aking is a method for building an informed group conscience. |
| Lois and Anne | Lois W. and Anne B. co-founded Al-Anon Family Groups in 1951. |
| LDC | <u>L</u> iterature <u>D</u> istribution <u>C</u> enter. Please ask your group to order literature from our District's LDC, as it helps the District. |
| NCWSA | The <u>N</u> orthern <u>C</u> alifornia <u>W</u> orld <u>S</u> ervice <u>A</u> rea. |
| NCWSC | The <u>N</u> orthern <u>California <u>World <u>Service <u>C</u>ommittee.</u></u></u> |
| NoCAC | <u>N</u> orthern <u>California <u>A</u>lateen <u>C</u>onference.</u> |
| ODAT | <u>O</u> ne <u>D</u> ay <u>a</u> <u>T</u> ime <u>i</u> <u>n <u>A</u>-<u>A</u>n<u>o</u>n, AFG's first daily reader.</u> |
| Open/ Closed Meetings | Generally, AFG meetings are "Closed," limited to members and prospective members, giving them the freedom to share and listen to the experience, strength, and hope of one another on a confidential and anonymous basis. The only requirement for membership is that there is a problem of alcoholism in a relative or friend. A meeting may choose to be "Open" by the vote of its members. An "Open" meeting allows attendance by people who are not families and friends of alcoholics but who are interested in learning about AFG. People who may come to an "Open" meeting occasionally include students and professionals who work with alcoholics and their families. |
| PI/CPC | <u>P</u> ublic <u>I</u> nformation / <u>C</u> ooperating with the <u>P</u> rofessional <u>C</u> ommunity. Two branches of public outreach that sometimes have one coordinator. The third branch of public outreach is Institutions. |
| SWRDM | <u>S</u> outh <u>w</u> estern <u>R</u> egional <u>D</u> elegates <u>M</u> eeting. Our Area is part of the Southwestern Region. |
| TEAM | <u>T</u> ogether <u>E</u> mpowering <u>A</u> - <u>A</u> n <u>o</u> n <u>M</u> embers. Areas can host TEAM events to provide an opportunity for interaction between Al-Anon members and the WSO staff and Al-Anon Board of Trustees. |
| WSC | The <u>W</u> orld <u>S</u> ervice <u>C</u> onference meets annually to share experiences, solve problems, and make decisions about Al-Anon issues. |
| WSO | The <u>W</u> orld <u>S</u> ervice <u>O</u> ffice in Virginia Beach, VA, is AFG's clearinghouse and headquarters. The WSO acts as the service center for groups throughout the world. |